

Report for HANDA Yunnan Comprehensive Leprosy Rehabilitation Project 2017

Background:

Up to 31 December 2017, it has been surveyed that in Yunnan province there are 114 leprosy rehabilitation villages where about 23,000 people affected by leprosy live.

People try their best to live well, but they are unable to know what kind of rights and interests they possess, to learn proper self-care knowledge and to obtain health services because of the retard of economy, education, transportation and communication due to discrimination and stigma. Among 47 villages of Yunnan HANDA program, 50% of them do not have safe residences and public sanitation environment (like house, toilet and drinkable-water). Thirty-two percent of these villages have such problems as hungry, children malnutrition and disability led by malnutrition. Ninety-five percent female residents suffer from diseases due to lack of proper self-health care knowledge and conduct. Over 90% families do not know that they have rights and interests so they give up seeking medical treatment and rehabilitation services. Even consanguineous marriages are found in 40% villages because they do know little about the Marriage Law and the harm of consanguineous marriage.

In 2017, to solve these issues, supported by overseas partners such as AIFO and Sasakawa Memorial Health Foundation, domestic organizations and individuals, HANDA keeps on developing more comprehensive services, aiming at promoting the health rights of people affected by leprosy in 47 rehabilitation villages in Yunnan province. By December 31st, 2017, this program has benefited directly 47 rehabilitation villages in Yunnan province, covering about 900 people affected by leprosy and 2000 family members. Besides, there are more than 2,500 citizens and volunteers took part in the front of voluntary actions in villages. About 800,000 public learnt about relative knowledge of leprosy.

Besides, teenagers from leprosy villages have been facing a lot of problems, like lacking of care, poor consciousness of health and hygiene, lacking of guidance for development target, low confidence which seriously affect healthy growth of teenagers. A summer camp was organized from August 12 to August 22. This summer camp was aiming at making

teenagers from leprosy villages experience the beauty of urban community and make friends with others by promoting the participation of students from urban community, to broaden their horizons and increase their knowledge, to learn the method of communicating and to spend a wonderful holiday by accompanying with each other and learning from each other. A total of 230 people had taken part in to this summer camp, including 52 students from 6leprosy villages which are from Wenshan, Zhaotong, Dali and Lijiang, 4 HANDA staff, 20 college volunteers, 4 government officials and the rest of them were the residents from urban community. During the camp, students were required to ask for direction and communication with strangers, so that students can not only expand their horizons, but also breakthrough themselves and become more confident.

Goal: Empower people affected by leprosy and promote social inclusion

Objective 1: To improve the physical condition and mobility of people affected by leprosy

Output 1.1 The physical disability of people affected by leprosy is improved

Activity 1.1.1 Organize self-care training and provide wound care services

- 7492 self-care articles were provided to 322 people affected by leprosy in 24 villages from 6 autonomous prefectures and prefecture-level cities (Aduodi, Binchuan, Huangcaobei, Shanshiping, Hongshiyuan, Shuitou, Tanshan, Tuguancheng, Maowangdong, Longdongwan, Dehou, Xiaoshuitang, Xiaotudi, Lujiao, Dahuodi, Longchonghe, Xiangyun, Xiaowanzi, Mayidui, Luosongdi, Malutang, Lahongku, Jiudaoyakou, Raomalu). Wound care trainings were given to 550 people including 255 people affected by leprosy and their family members. Wound care service was given to 166 individuals who has serious physical disability. Self-care articles include 7050 pieces of gauze, 201 rolls of adhesive tape, 57 sandpaper blocks, 79 bottles of vaseline, 44 pieces of surgical knife blade, 3 surgical knife handle, 20 bottles of normal saline, 25 rolls of bandage, 12 protective gloves were handed out.

Activity 1.1.2 Provide protective and assistive devices the people with disability

- We distributed 531 pairs of shoes to 302 people (112 female and 190 male) in 27 villages. Handed out 13.5 pairs of crutches, 30 walking sticks 62 crutch tips, 19 pairs

of presbyopic glasses, 21 pairs of sunglasses, 2 kneecaps, and 3 hearing-aids. The provision of protective and assistive devices help people affected by leprosy to involve in community activities, interact with others and enrich their life to a large extent.

Activity 1.1.3 Prosthesis production, installation and maintenance

- The technician installed 30 prostheses for 28 people from 16 villages. Follow-up visits were made and maintained 38 prostheses, 199 pairs of socks were provided to needy. People affected by leprosy were taught on how to use and repair artificial limb and stump properly.

Activity 1.1.4 Assist people to receive medical treatment at local hospital

- This year the team assisted 13 people from different villages to get timely medical treatment. Close communication between villagers and local hospital staff was made in advance

OUTPUT 2.1 There is an improve governance capability of leadership group and they are actively practice their role and responsibility

Activity 2.1.1 Organize leadership group members meeting

- The first leadership meeting was held in Wenshan from March 3 to 4th. 6 members including one female member participated in the meeting. Outcomes: they developed the proposal to improve the environment of the village and the proposal to the issues of neglected children and elders. The plan for village visit and meeting for the second half year was also developed.
- On 5 December, the second leadership group meeting was held at Longdongwan, totaled 5 members attended (Du Chaoyang, Shi Lianhua, Wang Guangsheng, Xiao Xuefa and Tao Lianhu). Discussed issues included: 1. the leading team reviewed work in 2017. Uncle Shi, Uncle Du and Tao Lianhu shared their experience of village visits, the Korean Conference and three-area exchange meeting. 2. "Suggestions were made for HANDA's work in the coming year 2018: everyone wrote their ideas of future work and then ordered all of them by importance. Members thought children and teenager problems the most pressing. Wang Guangsheng said although economy was essential, kids were more important because they were the future. 3. The first meeting in 2018 was confirmed, which would be on 2 March 2018. Working focus for

2018 was also developed at the meeting.

Activity 2.1.2 Leadership group member's village visits to 12 villages

- In the first half year, 6 group members visited Luosongdi village before they started the group meeting. At the meeting, they discussed the issues and problems in that village and developed future key work in that village. The group village visit work was behind our schedule, in the second half year, intense visits will be arranged
- In the second half of 2017, the group visited 14 rehabilitation villages and 1 ordinary village surrounding rehabilitation village, named Bamei. During the visits members of the leading group communicated with villagers actively, in order to figure out the advantages and disadvantages of the villages, so that problems could be discussed and suggestions could be made to make better rehabilitation villages together. Furthermore, members actively participated in their own village affairs to achieve sustainable development. At last, members made great efforts to support our publicity work in the villages, supervise our work and give us suggestions and feedbacks, which helped us to figure out our future directions.
- On 17 July, 3 members of the leading team, Tao Lianhu, Shi Lianhua and Wang Liqiong along with our staff to visit Si'an Hospital. The members had conversations with the villagers, regardless of language barriers. They shook hands to send each other's greetings. Later, they visited Uncle Peng and expressing their gratitude to him, inviting him to visit Yunnan in the future. This visit with many conversations made the friendship of people affected by leprosy closer.
- On 9 August, Xiao Xuega, a member of the team, along with HANDA staff, visited Luduo Village. He communicated with Zhangge, the only one that could communicate with him, to figure out his ideas, leading to his reflections on the current situation of the village. Xiao said, "We will work to the end, even though there is only one living here." The team members' visits not only helped to publicize HANDA's idea and figure out villagers' needs, but also built emotional bonds with people affected by leprosy.

- From 4 to 12 September, 4 team members visited 8 villages, including Maiyidui, Tengmiehe, Yongping, Aduodi, Bingchuan, Yuer, Luoxianguan and Xiaoshiqiao. The members communicated with villagers to figure out their needs. After that, the villagers knew more about HANDA and HANDA knew more about their needs so that we could provide further services.
- On 6 October, Shi Lianhua, a member of the leading team, visited Luxixin Village. The villagers turned out to be alert because it was the first time we came here. So, we only collected the general information of the village and their needs. Shi said, "I found that they needed psychological support. I hope that HANDA will do it in the future." We knew that there were many villages waiting for our support.
- On 21 October, Du Chaoming, a member of the leading team, along with HANDA staff, visited Lianhuashanxin Village to figure out the general information of the village. The village located high in mountains with low temperature, leaving only 2 people whose daily life depended on others. To make a better old-age life available to them, HANDA will do something in chilly winters.
- From 2 to 5 December, 4 members visited Longdongwan Village and Xiaochangping Village in Lijiang. On one hand, they figured out the basic needs and problems. On the other hand, they spent time with the villagers there to have celebration of Yi's New Year, which let them feel the hospitality of Yi. Villagers and Xiao said, "it is the first time that there are so many people in the village to have celebration with us. All of us are happy. We are family now. Welcome to the village." Exchanges among villages became more and ties were closer. Rehabilitation villages had grown into a big family.

Activity 2.1.3 Leadership group set up an online communication group

The leadership group keeps posting the information about laws, policies and updated news about China and other countries; Members in the group also keep sharing what's happening in the village. To encourage people affected by leprosy to help each other, this year, Yunnan group posted the donation appeal on wechat group asking the villagers to make donation to install the power generator panel in Huangcaoba where people living there has no power supply for decades. In total we raised 27041.48 RMB,

including 11342 RMB donation from villagers.

- On 15 July 2017, villagers learnt about marital policy in WeChat group. The phenomenon that girls were forced to return home to commit to the arranged engagement made by their parents when they were babies was severely criticized. The leading team helped villagers to understand marital law from the perspective of law and sensibility.
- On 12 September 2017, the members learnt about the nine-year compulsory education policy, especially the policy that government will free students from the charges of books and others and give subsidy to students living in boarding schools. Members shall encourage parents in rehabilitation village to send their children to school.
- On 28 October 2017, members of the management team learnt about reports of the 19th National Congress of the Communist Party of China. Such topics as “village revitalization” and “integration of urban and rural areas” were prioritized.
- On 25 December 2017, the management team acquired further information on villager motivation, making preparation for the second village representative election.

Output 2.2: Promotion of the communication and mutual support among community people

Activity 2.2.1 Organize interaction activities in 10 villages

- 13 recreational activities have been organized in Xiangyun, Longdongwan, Hongshiyuan, Luoping, Maowangdong, Luosongdi, Shanshiping and Luosongdi, Shanshiping, Luduo, Shiqiao and Binchuan. Activities not only enriched the life of the elders but also promoted the friendly relationship among villagers. With total 485 people participated, the participation rate of each village reached to 80%.

Activity 2.2.2 Organize village exchange visit

- The village exchange visit with the theme of "We are a Lovely Family" was organized in Shanshiping Rehabilitation Village from 7 to 9 December 2017. A total of 13 visitors (5 female and 8 male) including 6 from Aduodi, 1 from Huangcaoba and 6 from Yongping walked around the village to listen to the villagers' stories, appreciate peacocks and take part in forum on life of 4 villages.

The activity attracted 70 people, including 50 people affected by leprosy, 16 children of their, 2 volunteers and 2 HANDA staff. The visit deepened their friendships and came up with solutions to old age support. In addition, the found problems concerning old age nursing care pointed out our future direction.

Activity 2.2.3 Promotion of medical mutual support membership

- To release medical cost burden caused by hospitalization and promote mutual awareness among people affected by leprosy, Yunnan project set up “Colorful-cloud Medical Mutual-aid Membership for the Old”. Until December 31st, 2017, we had received membership dues sum up to 1890 Yuan from 63 people affected by leprosy, had repaid medical mutual-aid money accounting to 10389.54 Yuan for 13 members.

Output 2.3 There is an improved economic condition in leprosy villages

Activity 2.3.1 Provide technical trainings to villagers

- Some of villagers from Longdongwan planned to organize beekeeping activity, but they still lacked of skill. In order to make villagers keep bees better and improve their own beekeeping skills. A total of 6 beekeepers took part in the beekeeping training organized by SEE Organization. During the training, beekeepers listened to the teacher carefully. After the training, they exchanged ideas proactively and their beekeeping skill had a certain promotion. However, because it was the first time for Longdongwan villagers participated in beekeeping-skill training and the training they participated was the second edition, small part of knowledge could not be followed. For this part, they exchanged ideas with beekeepers from Maowangdong who also participated in this training. Through training, 3 beekeepers from Longdongwan were aware that beekeeping is a cumulative process and also need to manage by themselves.
- In order to improve the management skills in spring and urge beekeepers to strengthen management at the same time, training centered on cleaning, dividing bees and keeping health was held on 17 February for 13 beekeepers by speeches and practices. The beekeepers improved their management skills so that bees could produce more honey in springs. After the training, 13 beekeepers developed deeper understanding of bee management in spring and started to keep the bees on their own.
- To ensure the quality of honey and improve beekeepers' personal health condition, training for 10 beekeepers about personal and environmental hygiene was held on May 10. The training was about the impact of human activities on the environment, the environment how to influence beekeeping in turn, and how to reduce the bad influence of environment on beekeeping. Through the training, the villagers knew ill effects of daily activities on the environment and beekeeping,

knew the requirement of environment and knew how to avoid bad effects to the environment when keeping bees.

Activity 2.3.2 Assist villagers in product development (packaging and design)

- This year, we developed a new product Lip Balm and invited 5 local partner's representatives to experience the production and packing of lip balm.
- To cater for customers' requirement, a well-designed package was made before Chinese Spring Festival. More than 140 bottles were sold in two week- time.

Activity 2.3.3 Explore marketing channels and marketing

- From July to December 2017, HANDA organized 5 farmer market activities, among which beekeepers were invited twice, enabling the keepers to introduce their products to customers face to face, making it good to prompt and sell Maowangdong honeys. With the help of above activities, HANDA established cooperation with three retailers to lay a foundation for the selling of Maowangdong honeys.
- From October to November 2017, three honey sharing activities were held, with about 80 participators, by which consumers knew more about honey and its production, leading to higher transparency and closer relationship with consumers. By far, stable cooperative relationship has been built with 3 local retailers.

Activity 2.3.4 Provide opportunity for people to participate in farmers market

- From July to December 2017, HANDA organized 5 farmer market activities, among which two beekeepers were invited each time, enabling the keepers to introduce their products to customers face to face, making it good to prompt and sell Maowangdong honey, a significant change of improved self-confidence was observed, villagers are more confident now when talking to buyers.

Output 3.1: People in neighboring communities have been sensitized and have improved understanding of leprosy

Activity 3.1.1 Public education in community (neighboring community close leprosy village)

- A big scale of awareness raising campaign has been taken place from May to June in Mile country. The campaign was organized by Mile CDC in cooperation with HANDA. The purpose of the campaign was to gather medical staff and healthcare workers from different areas to give them a scientific understanding about leprosy and case detection. Total 800,000 pamphlets, 1500 posters about leprosy knowledge and 30 thousand recycle bags were handed to the participants, they were assigned to distribute those materials.

- To tell the audiences the leprosy history in China and the life stories of people affected by leprosy by performing a drama based on the oral history collected from people affected by leprosy, from 12th to 26th November, the 1st Tour Drama Play about leprosy was performed in 4 universities in Kunming, namely Land and Resource Institute, Yunnan Normal University, Yunnan University in Finance and Kunming Institute. In total 3000 students and teachers joined the show and it helped to improve their knowledge about leprosy and reduced their fear. After the tour drama play, there were 40 students signed up to be HANDA volunteers.
- On 28 January 2018 (the world leprosy day), HANDA educated 2500 residents of knowledge about leprosy prevention and treatment by having online promotions and cooperation with Disease Control and Prevention Center (CDC) of Mile City and the Health Center of Xier Township. Xiaozhu, who had been lived alone in remote mountains, came too, receiving basic living allowance and food support by the Health Center.

Activity 3.1.2 Awareness raising on the International day for dignity and respect (March 11th)

- On 11th March, charity hiking was organized, 24 participants went along the road between two leprosy villages-Huangcaoba and Xiangyun with the total distance of 32 kilometers. The purposes for the event were to raise public awareness on leprosy and to raise funds to purchase solar power panels for people in Huangcaoba village. By 31st March, total we raised RMB10, 410.

Activity 3.1.3 Organize party with people living in neighboring community to promote the communication and acceptance

- During the Torch Carnival, a festival of some of the ethnic minorities in Yunnan Province, in July 2017, HANDA staff invited 13 working teams near Longdongwan vilage to enjoy the Carnival. However, no one was willing to come because Longdongwan was a leprosy village.
- Later, HANDA invited people a second time to visit Longdongwan, spending the New Year Eve of Yi minority group with HANDA stuffs, the aged villagers and Yunnan leading team and taking part in the first sports meet. Thanks to the great efforts by many parties, 12 outside residents came to the New Year celebration, which delighted the villagers, leading to their thankfulness.

Output 3.2: There is a platform for HANDA volunteers and improved capability of volunteers

Activity 3.2.1 Set up and maintain relationship with local 5 volunteer groups/associations

- In the project year, we had maintained stable relationship with 6 local university volunteer associations. The leaders from each associations have become the core HANDA volunteer group. After the series of training given by HANDA, those

volunteers' leaders were capable to design and organize the field activity on their own.

Activity 3.2.2 Function HANDA key volunteer group

5 trainings were provided to volunteer with a total participants of 558.

- In March, HANDA key volunteer group member reelection meeting was taken place with total 24 people attended. In the meeting, the 10th HANDA volunteer group was established with 15 members in it. At the meeting, volunteers exchanged their idea and were trained on leprosy knowledge. And discussed the topic for the first training
- In the second half of 2017, 6 activities for maintaining the relationship with core volunteers were organized, including 1 team building activities and meetings, with 94 people attended. The management team consisted of core volunteers is the leading element of the whole voluntary group. After the activities, members of the new session of the management team knew each other better and had closer relationships, which did good to the participation of college students.

Activity 3.2.3 Provide capacity building training for volunteers

- On 10th January, six volunteers were trained in HANDA office. The training concerned leprosy knowledge, introduction of rehabilitation village, questions about village visit.
- From 8-9 April, team building activities were held, 16 volunteers from 7 universities were involved, the training strengthened the understanding among the volunteers. They have a better understanding of the programs in HANDA. The members were divided in groups, The arrangement in the next one month was specified, including village visit, volunteers recruitment, voluntary teaching, summer camp, Little star graduation gala, campus sharing in May, Children's Festival activity in Shishun.
- From 22-23 April, trainings on the overall introduction of leprosy village in Yunan and knowledge of leprosy were given to 20 volunteers from Yunan university and Yunnan TCM university.
- From 13th to 26th May, tournament lecture was organized in Yunnan University, Yunnan TCM university, Yunnan Normal University, Yunnan University of Finance and Economy, Yunnan Lan and Resources Vocational Institute, Kunming Institute and Yunnan Economic Management Institute. Two representatives of people affected by leprosy were invited and gave speech at the lectures. More than 500 volunteers participated in the lectures.
- On 18th June, training for 16 volunteers who will pay village visits during their summer holiday taken place in HANDA Yunnan office. The main content of training is leprosy introduction, introduction of each leprosy village they are going to visit, the activity design and coordination skills trainings. At last, questions

were raised and answered regarding village visits.

Activity 3.2.4 Assist volunteers with activity design and volunteers conduct field visit

- From 31st December to 20th January, 34 volunteers from 5 different universities in Yunnan visited the villagers in Xiaoshuitang, Aduodi, Xiangyun, Longdongwan and Hongshiyuan. They helped clean the houses, cook the food, make the new year couplets for each household and organized new year greeting party, their visit brought the elders lots happiness and laughters.
- From 13 to 23 February, 7 volunteers from Yunnan university organized winter camp for the students in Maowangdong village. Based on the interests of students, they provided homework mentoring, interests class, paid home visits and organized health education, etc. Little Star winter camp was held with the joint effort of Sunshine voluntary association.
- During April 30th and May 1st. 8 volunteers from Yunnan University and 10 people from medical school visited the village in Dali and Chuxiong. Home visit, gala and dining were also held.
- In the second half year, a total of 13 voluntary village visits and 3 educational support were organized in 9 rehabilitation villages including Xiaoshuitang, Aduodi, Longdongwan, Hongyanshi, Xiangyun, Shanghuoshan, Huangcaoba & Yangjiashan, Jiudaoyakou and Hongshiyuan of 7 Prefectures including Dali, Wenshan, Lijiang, Zhaotong, Chuxiong, Honghe and Qujing with 162 volunteers participated. They spent time with the old during the festival, chatting with them, to alleviate their loneliness. Twenty-seven voluntary teachers from Luosongdi and Maowangdong of Wenshan brought hobby cultivation classes for the children there.

3.2.5 Exchange meeting with volunteer groups

- Looking back the year of 2017, every volunteer group achieved a lot, such deeper cooperation, which made it easier for HANDA key volunteer management team to organize activities. To convey our gratitude to the parties involved and volunteers who had supported us in 2017, an annual volunteer recognition meeting was organized from 9 to 10 December 2017 with 85 volunteers from 7 volunteer associations attended. The meeting consisted of two parts--team building activities and evening gala at which 8 volunteers and 4 associations were awarded for their excellent performance. What's more, the conference aimed at promoting exchanges among associations and teams in order to seek more cooperation opportunities and to help find out our weakness in previous work. By summarizing the achievements and failures in this year, we agreed to create a wider platform for volunteers to show their values.

Achievement:

- Grow deeper relations with the government and mobilize the participation of government. This year, we have implemented 5 infrastructure programs like road building and barrier free building in collaboration with local government. And the jointly cooperation of awareness raising campaign with Mile CDC proved to be the most effective and the knowledge of leprosy was spread to the much wider community
- There was a close connectedness among villagers. People in Huangcaoba village has been living in darkness for decades, to solve the problem, HANDA team launch fundraising online and encouraged villagers from different villages to make some donation to purchase a power generator. We received more than 10,000 from villagers, some were men and some were women, their life condition is much better than people in Huangcaoba, it is time for them to help their peers especially when they are in great need of help.
- In May, Mr. Du Chaoming from Yunnan leadership group attended the 5th Hansen's Forum in Korea. It was his first time to go abroad and stand on the stage to give a speech. His presence at the meeting was posted on HANDA wechat and hundreds of people affected by leprosy got to know this exciting news. Mr. Du is a good role model to encourage his peers to actively participate in social activities.
- Villagers now have courage and confidence in voice their needs and request their rights from local government. In Maowangdong, villagers successfully received the funds support to rebuild the road, in Shanshiping, villagers got increased monthly subsidy and received support from local government to start economic activities in the village such as walnut planting and peacock breeding. In Luosongdi, government agreed to build up the lighting system; The construction of nursing home in Longdongwan finally initiated this year, and the 18-kilometer road construction was completed in May.
- There was an improved gender equality. Villagers got improved understanding and attitude towards the role of women, they started to recognize the contribution and role of women. The team helped to set up 10 management groups in 10 villages, during the elections, villagers voted for female members without hesitation. Each group has at least one female member in it. And in Maowangdong village, the bee keeping group, there are 15 members in the group, among them 5 are women. They even said to the team they women are doing better than men because women are more careful and delicate.

Acknowledgement

We would like to take this opportunity to express our sincerest gratitude to AIFO for their trust and great support to HANDA and the people in need. HANDA will try its best to improve the quality of service and try to make a difference for as many people as possible.

Yours sincerely,

A handwritten signature in black ink, consisting of stylized Chinese characters that appear to be '陳兆倫' (Chen Zhao-lun).

Dr. Michael Chen
Secretary General